

Report of IQAC Lecture on Mental Health Awareness

The Internal Quality Assurance Cell, ECC, organized a lecture on "Mental Health Awareness" on 12th February 2020 at 1:30 PM. Dr (Ms.) Alpana Paul delivered the lecture in Psychology Department. 46 College students from different faculties participated and were introduced to the nuances of mental health and the need for developing and maintaining a healthy mind and helping others with their issues. She introduced the students to the idea of mental health. She discussed the importance and influence of the effect of mental health on daily life and its quality. She also informed the students about the conditions by which people who have mental health disturbances can be identified. The lecture also stressed upon the means by which one can maintain their mental health and lead a healthy and successful life.

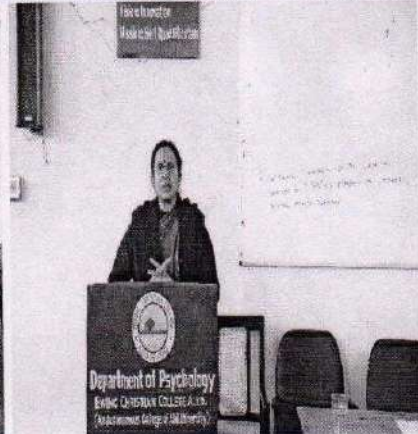
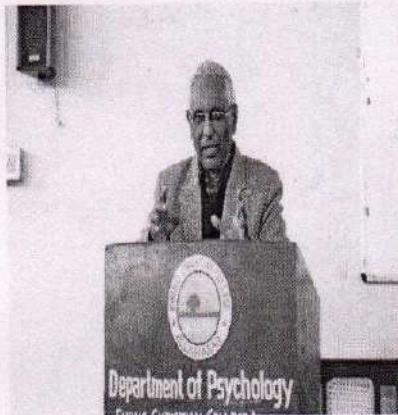
The programme started with the word of blessings by Dr. P.S. Massey, Vice-Principal, ECC, Dr.L.C.T. Eusebius, Bursar, ECC, and Dr.S.B. Singh, Registrar Academics.

Dr. Ashutosh Kumar Shukla, Coordinator, IQAC conveyed his gratitude to the Principal and all the members of IQAC for their support in continuous and catalytic organization of events. He also recognized and appreciated all the faculty members and students of Ewing Christian College for their active involvement in IQAC events.

The dignitaries distributed certificates to the students who excelled in the competition "Best out of Waste" organized by IQAC on 27th January 2020 in Electronics Department. Mentor of the team, ER. Pankaj Srivastava was honoured as well.

IQAC members Dr. Ashima Ghosh, Mr. Xavier Kuncheria as well as student member Ms. Sakshi were also present in the programme.

Dr. Ashok Kumar Pathak, member IQAC proposed the vote of thanks.



Attendance of IQAC Lecture "Mental Health Awareness" on 12.02.2020 at 1:30 PM in Psychology Department

S.No	Class	Semester	Roll No	Signature
1	B.Sc (PCM)	V	253045	Nishu
2	B.Sc (PCM)	VI	253047	Rishi
3	B.Sc (PCM)	VI	253027	Divyanshu Bisht
4	B.Sc (PCM)	VI	253026	Ekanshu
5	B.Sc (PCM)	VI	253007	Tanmay
6	B.Sc (PCM)	VI	243028	VIVEK MADH
7	B.Sc (PCM)	VI	243027	Upasmita
8	B.Sc (PCM)	VI	233075	Vipul Kumar Singh
9	B.Sc (PCM)	VI	233148	Sanjay Meena
10	B.Sc (PCM)	VI	233008	Sanjay
11	B.Sc (PCM)	VI	233011	Sanjay
12	B.Sc (PCM)	(VI)	253018	Bijay
13	B.Sc (PCM)	(VI)	253016	Amit
14	B.Sc (PCM)	(VI)	253018	Himanshu
15	B.Sc (PCM)	VI	253019	Adwesh
16	B.Sc (PCM)	VI	233034	Pratap Singh
17	B.Sc (PCM)	VI	233014	Sibhan
18	B.Sc (PCM)	VI	233082	Satyendra Kumar Yadav
19	MA	II	15006	Ashwini
20	B.Sc (PCM)	VI	233045	Neda Asrar
21	B.Sc (PCM)	VI	233043	Mahima Mishra
22	B.Sc (PCM)	VI	233149	Sadhana Jainwal
23	B.Sc (PCM)	VI	233018	Kaushiki Sharma
24	B.Sc (PCM)	VI	233024	Shriya Pandey
25	B.Sc (PBPM)	VI	293007	Ritu Singh
26	B.Sc (PBPM)	VI	293013	Sanjay
27	B.Sc (PCM)	VI	233053	Sanchita Singh
28	B.Sc (PCM)	VI	233012	Psharus
29	B.Sc (PCM)	VI	253003	Shweta Mishra
30	B.Sc (PEM)	VI	253001	Prachi
31	B.Sc (PCM)	VI	233022	Jalpa
32	B.Sc (PCM)	VI	233013	Vaishnavi
33	B.Sc (PCM)	VI	233032	Abhishek Singh
34	B.Sc (PBPM)	VI	293035	Aurash
35	B.Sc (PEM)	VI	253010	Prachi
36	B.Sc (PEM)	VI	253007	Prachi Jainwal
37	B.Sc (PEM)	VI	253002	Praya Yadav
38	B.Sc (PEM)	VI	253043	Stacia Nayak
39	B.Sc (PCM)	VI	233023	Shivani Yadav
40	B.Sc (PCM)	VI	233117	Shikha
41	B.Sc (PEM)	VI	253017	Sanjay
42	B.Sc (PEM)	VI	253005	Prigya
43	B.Sc (PEM)	VI	253050	Shekhar
44	B.Sc (PEM)	VI	253054	Shikha
45	B.Sc (PEM)	VI	253005	Prigya
46	B.Sc (PEM)	VI	253038	Soni Singh